Diet, Physical Activity and 
Cardiovascular Disease Prevention in Europe

18 October 2012
Slovak Academy of Science Smolenice, Slovakia

Morning session: focus on knowledge sharing and information

09.00h Welcome and opening
Speaker: Prof. Ján Slezák, MD, D.Sc. D.h.c, FIACS
Past president of Slovak Heart-to-Heart League

09.20h Questions and Answers

09.30h The EuroHeart II project
Speaker: Susanne Logstrup, Director European Heart Network

09.50h Questions and answers

10.00h Prevention policies in Slovakia on nutrition and physical activity
Speaker: Doc. MUDr. Gabriel Kamenský, CSc., FECS, Head of Department of Cardiology at Ministry of Health of the Slovak Republic

10.20h Questions and Answers

10.30h Coffee break

11.00h Prevention policies in Slovakia
Speaker: MUDr. Alena Cvopová, Public Health Authority of the Slovak Republic

11.20h Questions and Answers

11.30h Diet and exercise in Slovak population. What can we do?
Speaker: Ass. Prof. MUDr. Ján Lietava, CSc., President of Slovak Heart-to-Heart League

11.50h Questions and answers

This workshop arises from the EuroHeart II project, which has received co-funding from the European Union, in the framework of the Health programme.
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12.00h    Lunch

13.00 h    Role of fitness centres in exercise of healthy population  
            *Speaker:* Ladislav Meško, General Secretary of the SAKFST

13.15h    Questions and answers

13.20h    Dietary advertisement and exercise during lunch break  
            *Speaker:* Ing. Ivan Sivák, Espria, Slovakia

13.35h    Questions and answers

13:40h    Exercise in children- Project 10mIN  
            *Speaker:* Ing. Lucia Polakovičová, Association for Health of our children, Slovakia

**Afternoon Session: focus on developing advocacy skills**

14.00h    Diet, Physical Activity and Cardiovascular Disease Prevention in Europe  
            *Speaker:* Dr Mike Rayner, Director British Heart Foundation Health Promotion, Research Group, University of Oxford, and Chair EHN Nutrition Expert Group

14.30h    Questions and answers

14.45h    Where do we go from here?  
            *Session with all workshop participants, including representatives from the Romanian Heart Foundation, Slovenian Heart Foundation, Hungarian Heart Foundation*

15.45h    Summary and Conclusions

16.15h    End of conference